

## When

Sunday, October 5, 2008

Registration/Check-in.....9:00 AM  
5K Trail Run.....10:00 AM  
Walkers.....10:00 AM

Cash Only day of race registration

## Where

The start and finish will be at the Historic Shirley Center.

Parking is available.

## Fee Schedule

### Fee Schedule

Age	Fee
0 -12	\$20
13-64	\$20
65+	FREE
WALKERS	\$20
Fun Run	FREE



Storybook Cottage at Holdenwood

The Shirley Education Foundation is a non-profit organization and donations are tax deductible.

## Trail Run Course

The course is along manicured grass roads and rolling wooded trails taking you on a tour through the pristine and scenic Holdenwood property.

Runners will travel through meadows, pass by Storybook Cottage and traverse several stone bridges, including St. Peter's Crossing, a hand-laid stone bridge comprised of fieldstone and granite salvaged from a church.



Your Full Name (First, Last) \_\_\_\_\_

Address \_\_\_\_\_

City/ State/ Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_

Gender (M/F) \_\_\_\_\_

Age on Race Day \_\_\_\_\_

Email Address \_\_\_\_\_

Runner \_\_\_\_\_ Walker \_\_\_\_\_

T-Shirt Size (Circle One) Adults: M L XL  
Child: YXL

Online: \_\_\_\_\_ Go To: Coolrunning.com

Mail-in: \_\_\_\_\_ Complete the form mail to  
Address listed below

IN PERSON: \_\_\_\_\_ Sunday October 5, 2008 9:00 AM at Historic Shirley Center

\_\_\_\_\_ I cannot attend but would like to make a donation \$ \_\_\_\_\_ to SEF

\_\_\_\_\_ I would like to make an additional Tax Deductible Donation of \$ \_\_\_\_\_.

MAKE CHECKS PAYABLE TO SEF

MAIL TO: SHIRLEY EDUCATION FOUNDATION  
PO BOX 943  
SHIRLEY, MA 01464

ALL OF THE PROCEEDS WILL GO TO SEF

## Waiver and Release of Liability

I, \_\_\_\_\_, a participant in the race or walk Sponsored by the Shirley Education Foundation, Holden Woods, the sponsors, the Town of Shirley and any of their former, current and future respective representatives, employees, and agents worldwide from all rights, claims and causes of action of any nature whatsoever (including, but not limited to injury to person or property), whether known or unknown, fixed or contingent, which result in from my participation in the race or walk. I/ We have the waiver and release and fully understand it.

Signature \_\_\_\_\_

Parent (if under 18) \_\_\_\_\_